

VOICE & THE NECK

Exploring links between them

POSTURE, TENSION AND MOVEMENT ALL INFLUENCE VOICE

This study day for voice users, teachers and therapists looks at the neck and how the vocal apparatus operates within it.

Nicholas Gibbins and Ed Blake will explain how neck posture and tension affect the larynx and vocal tract and describe some common patterns of misuse. They will also discuss posture and movement for voice users and their experience working with laryngeal manipulation.

In the afternoon there will be three practical sessions in smaller groups looking at posture, tension and movement – a Feldenkrais class with **Anita Morrison**; palpatory laryngeal assessment with **Sara Harris**, **Nicholas Gibbins** and **Tom Harris**; and a movement class for voice users with **Mandy Demetriou**.



THE BRITISH VOICE ASSOCIATION

Sunday, 8th May 2016

Baden Powell House,
65-67 Queen's Gate,
South Kensington,
London SW7 5JS

Registration: 9.30am / Ends: 5pm

Early bird rates: (until 8/4/16)

Members: £90

Non-members: £120

Students: £55

Standard rates:

Members: £110

Non-members: £140

Students: £75

*Due to the afternoon workshops,
there are limited places on this
study day.*

SPEAKERS:

Nicholas Gibbins

Consultant ENT and Phoniatic
Surgeon and Voice Specialist

Ed Blake

Physiotherapist Specialising in
Voice Disorders

Anita Morrison

Singing Teacher and
Guild Certified Feldenkrais
Practitioner

Sara Harris

Voice Specialist, Speech and
Language Therapist

Tom Harris

ENT Surgeon and Laryngologist
(Emeritus)

Mandy Demetriou

Choreographer and
Movement Coach

Further information
from: [administrator@
britishvoiceassociation.org.uk](mailto:administrator@britishvoiceassociation.org.uk) and
the BVA website

www.britishvoiceassociation.org.uk